

go straight ahead until you arrive at a gate. Carry straight on through the wood and then down the hedge-lined path and through a gate onto the Elan Valley road (B4518) **(6)**.

Turn right along the wide grass verge, pass a white washed house on your left and continue until you reach a lay-by. Cross the road to the lay-by and go through the large metal gate **(7)**.

Follow the path until you reach another gate; there is a red brick building ahead of you. Bear to the left, with the wood on your right and at the end of the wood, bear right and pass through a gate. Cross the cycle track **(8)**.

Pass through another gate and bear left, through a gate and cross the field diagonally to reach another gate where you will join a lane with New House farm directly in front of you **(9)**.

Turn left and proceed downhill, passing St Bride's Church on your left and the Gro playing fields on your right to where the road forks **(10)**.

You can now either bear left past the Triangle Inn and the old Cwmdauddwr School, or you can bear right and the main road is straight ahead of you. Turn right and retrace your steps back over the bridge to Rhayader.



Follow the Countryside Code

Respect • Protect • Enjoy

- Be safe – Plan ahead and follow any signs
- Guard against all risk of fire
- Leave gates and property as you find them
- Keep your dog under close control
- Keep to public paths across farmland
- Use gates and stiles to cross fences, hedges and walls
- Protect plants, trees, animals and the natural environment
- Avoid entering a field with cattle, they are unpredictable
- Take your litter home
- Help to keep all water clean
- Take special care on the country roads
- Consider other people and make no unnecessary noise

Further information on local activities and attractions contact:

Tourist Information Centre Rhayader Museum and Gallery
(01597) 810561 Email – info@rhayader.co.uk
Tourist Information Centre Elan Valley Visitor Centre
(01597) 810898 / 810880
Email – elanrangers@dwrcymru.com

Please Be Careful

People undertaking the walk do so at their own risk, with no liability being attached to the author or producer of this walk guide.

Acknowledgements

The producer of the leaflet, Rhayader 2000, would like to acknowledge the generous gift from the Estate of the late Barbara Lawrence, which has enabled this leaflet to be published.

Photograph Credit and a thank you to Chris and Beth Storer for their contributions.

RHAYADER
THE OUTDOORS CAPITAL OF WALES

WALKING GUIDE - 1 THE PRYSG WALK

Distance: 3 miles **Time:** 1 1/2 hours (approx)



www.rhayader.co.uk

The Prysgr Walk

Starting at the War Memorial/town clock (1).

Walk down West Street and cross over Rhayader Bridge. Below the bridge are the falls that gave Rhayader its Welsh name - Rhaeadr Gwy, which means waterfalls on the (river) Wye. Continue along the road for about 400m and turn right on to the Aberystwyth Mountain Road (2).

After 400m cross over a stream and then turn sharp left, passing over the same stream again. Pass the old mill house on the right and stay on the farm track, ignoring the road on the right. Pass Tyn Pistyll farm on the right (3).

Carry on until you reach the 'T' junction of farm tracks. Take the track to your right (4).

Pass through the wood until you reach a gate and Lower Ochr Cefn farm is directly in front of you (5).

Pass to the left of the house and then turn sharp right to a sunken road behind the farm building. Follow this road, which has a hedge to your left and a wire fence to your right until you reach a wooden gate. Pass through the gate, bear left and when you reach a signpost,

